

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Grade: \_\_\_\_\_\_\_ Room #: \_\_\_\_\_\_\_

**PE Homework:  Due back to Mrs. Dean by next PE class**

**Healthy New Year's Resolution for you and your family!**

In a complete sentence, tell me 1 way that you will be a healthier person this year.  This is something that you should try to do everyday.

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In a complete sentence, tell me one thing that you and your family will do TOGETHER to be healthier.

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